

Fact Sheet

FOOD SAFETY LEVEL 1



Overview

Food safety is essential in any environment where food is prepared, cooked, or handled and a large concern for the public. This course provides a clear introduction to food safety, making it an ideal choice for employee inductions. It also supports progression to a Level 1 Food Safety (RQF) qualification with a recognised training provider.



Duration:
2-3 Hours



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Introduction to food safety
- Microbiological hazards
- Food poisoning and its control
- Contamination hazards and controls
- Safe handling and the storage of food
- Personal hygiene
- Food pests and pest control
- Cleaning and disinfection

Who is it aimed at?

Ideal for inductions, entry-level staff, and low-risk food handlers. It also supports apprentices by developing the knowledge, skills, and behaviours needed to meet the new apprenticeship standards

