

# Fact Sheet

## AWARENESS OF HOME WORKING



### Overview

With the rise of home and hybrid working, it's crucial for employers and employees to ensure a safe work environment outside traditional offices. The Awareness of Home Working online training course covers key aspects such as employer and employee responsibilities, risk assessments, safe display screen equipment (DSE) usage, and managing mental health and stress. This course offers essential guidance for staying safe, healthy, and productive while working from home.



**Duration:**  
35 - 50 Minutes



**Assessment:**  
Multiple-Choice  
Questions



**Price:**  
£5.00



**Certificate:**  
Yes – Highfield  
Completion Certificate

### Areas covered

- Benefits of home working
- What is home working?
- Supporting home workers
- Risk assessments
- Risks and hazards of home working
- Electrical equipment in the home
- Conditions for home working
- Display screen equipment (DSE) and the correct use of DSE
- Working from home – managing stress and mental health
- The importance of appropriate communication
- Home working policy
- Employer and employee roles and responsibilities

### Who is it aimed at?

This course is suitable for employees at all levels who work from home, either full-time or as part of a hybrid arrangement, and need a general awareness of safe and effective home working practices.

