

# Fact Sheet

## AWARENESS OF LONE WORKING



### Overview

Lone working refers to any situation where an individual works alone without direct supervision, whether for a short period or longer, including roles like gas engineers visiting homes, warehouse operatives retrieving stock, or employees working from home. This interactive course uses engaging content and activities to cover what lone working is, the associated risks, how to conduct risk assessments and implement control measures, and the responsibilities of both employers and employees to maintain safety.



**Duration:**  
35 - 50 Minutes



**Assessment:**  
Multiple-Choice  
Questions



**Price:**  
£5.00



**Certificate:**  
Yes – Highfield  
Completion Certificate

### Areas covered

- Think about – who are lone workers
- What is lone working?
- Working from home
- Risks and hazards of lone working
- Risk assessments
- The PET assessment
- Lone worker safety
- Employee and employer responsibilities
- Lone worker policy
- Lone working checklist

### Who is it aimed at?

This online training course is ideal for all employees who need to understand the principles and safety considerations of lone working.

