## Fact Sheet INTRODUCTION TO NEURODIVERSITY AWARENESS



## Overview

Building an inclusive workplace starts with awareness. This course on neurodiversity highlights the strengths and challenges experienced by neurodivergent individuals. It offers practical tools for employers and employees to recognize traits, improve communication, and promote inclusivity. Suitable for all employees, it aims to create a more understanding and supportive work environment.



**Duration:** 20 Minutes



Assessment: Formative assessment



**Price:** £5.00



Certificate:
Yes – Highfield
Completion Certificate

## Areas covered

- Understanding what neurodiversity is and identifying some of the common conditions
- Recognising common characteristics and misconceptions of neurodivergent people
- Understanding common barriers to communication and access to services
- Understanding how to promote effective communication and create an inclusive environment

## Who is it aimed at?

This course is designed for employers and employees at all levels, in any sector, including managers and supervisors who want to build a better understanding of neurodiversity and learn how to support neurodivergent colleagues effectively.

