

# Fact Sheet

## INTRODUCTION TO ALLERGENS



### Overview

This Introduction to Allergens e-learning course is approved by Allergy UK and meets the standards of the Allergy Aware Scheme. It's ideal for businesses aiming to manage allergenic hazards from purchase to sale and ensure their staff comply with relevant legislation.



**Duration:**  
1-2 Hours



**Assessment:**  
Multiple-Choice  
Questions



**Price:**  
£15.00



**Certificate:**  
Yes – Highfield  
Completion Certificate

### Areas covered

- Introduction to food allergens, allergies, intolerances and coeliac disease
- Symptoms of allergic reactions and how to respond
- The 14 major allergens
- Legislation relating to allergen control
- 'Free from' claims
- Managing allergens
- Providing allergen information to customers

### Who is it aimed at?

Ideal for food handlers, hospitality staff, and anyone responsible for managing allergens and communicating allergen information to customers, ensuring compliance with food safety regulations.

