

## Fact Sheet

# INFORMATION AND DATA SECURITY



## Overview

Information Security (InfoSec) involves managing data and information to ensure accuracy, efficiency, and protection against unauthorized access. It goes beyond IT and cybersecurity, encompassing all areas of an organisation that handle data—including everyone within the company. This includes various types of organisational information such as customer contracts, financial records, and employee data held by Human Resources (HR).



**Duration:**  
1 Hour



**Assessment:**  
Multiple-Choice  
Questions



**Price:**  
£15.00



**Certificate:**  
Yes – Highfield  
Completion Certificate

## Areas covered

- Information security behaviours
- Information security rules and management
- ISO and the ICO
- Policies
- The cost of poor security

## Who is it aimed at?

Designed for anyone looking to understand information security, their role in protecting data, the impact of ISO 27001, and the practical policies and actions needed to safeguard information.

