

Fact Sheet

AN AWARENESS OF MENTAL HEALTH AND WELLBEING



Overview

Mental health significantly impacts a person's physical wellbeing. By promoting awareness and reducing the stigma around mental illness, we can better understand how to support those who are struggling and help improve their overall quality of life. This Awareness of Mental Health and Wellbeing e-learning course introduces learners to mental health, mental ill health, and wellbeing. It covers key influences, common conditions, their impact, the importance of diagnosis and recovery, and practical self-care strategies



Duration:
20-40 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Introducing mental health
- Good mental health and poor mental health
- What does mental health mean?
- What is mental ill health?
- Personal risk factors
- Life events
- What is stigma?
- Types of mental ill health and illnesses
- Introduction to diagnosis and recovery
- The recovery journey
- The wellness recovery action plan
- The recovery model
- Self-care and management
- Mindfulness

Who is it aimed at?

This course is ideal for anyone interested in learning about mental health and serves as a foundation for progressing to Level 2 qualifications in Mental Health Awareness or First Aid for Mental Health.



Fact Sheet

ASBESTOS AWARENESS



Overview

Asbestos is a serious health risk, especially in buildings built before 2000. This short course raises awareness of asbestos, helping learners recognise it, understand the risks, and learn how to avoid exposure. It's essential training for anyone who may come into contact with asbestos in the workplace.



Duration:
40-60 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- What asbestos is
- Where it can be found
- Asbestos-related death
- Health implications of asbestos exposure
- Working with asbestos
- Preventing accidental asbestos exposure

Who is it aimed at?

Suitable for individuals whose roles may involve disturbing asbestos during routine work tasks.



Fact Sheet

FOOD SAFETY LEVEL 1



Overview

Food safety is essential in any environment where food is prepared, cooked, or handled and a large concern for the public. This course provides a clear introduction to food safety, making it an ideal choice for employee inductions. It also supports progression to a Level 1 Food Safety (RQF) qualification with a recognised training provider.



Duration:
2-3 Hours



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Introduction to food safety
- Microbiological hazards
- Food poisoning and its control
- Contamination hazards and controls
- Safe handling and the storage of food
- Personal hygiene
- Food pests and pest control
- Cleaning and disinfection

Who is it aimed at?

Ideal for inductions, entry-level staff, and low-risk food handlers. It also supports apprentices by developing the knowledge, skills, and behaviours needed to meet the new apprenticeship standards



Fact Sheet

HEALTH AND SAFETY

LEVEL 1



Overview

Each year, Britain experiences around 600,000 non-fatal workplace accidents (HSE). This e-learning course raises awareness of safe working practices to help reduce risks and prevent harm. It also provides the foundation needed to progress to a recognised Level 1 Health and Safety qualification with an accredited provider



Duration:
1-2 Hours



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Accidents including slips, trips and falls
- Legal responsibilities
- Hazardous substances (COSHH)
- Workplace health, safety and welfare
- Work equipment
- Fire
- First aid
- Manual handling

Who is it aimed at?

Perfect for employee inductions and individuals working in low-risk environments. It also supports apprentices by developing the knowledge, skills, and behaviours required to successfully integrate into the workplace as part of the new apprenticeship standards.



Fact Sheet

HEALTH AND SAFETY WITHIN A CONSTRUCTION ENVIRONMENT LEVEL 1



Overview

Start building a safer future with a Level 1 Health and Safety in a Construction Environment e-learning course. Learners will explore the legal duties and responsibilities of construction operatives, covering health, welfare, and general safety to help maintain a safe workplace. To earn the Level 1 Award in Health and Safety within a Construction Environment (RQF) qualification—which is required for a CSCS card—learners must complete an exam through a recognised training provider. **Please note, the exam is not included in this online course and must be booked separately.**



Duration:
4-6 Hours



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Legal and general responsibilities of construction operatives
- Health and welfare in a construction environment
- General safety in construction activities
- High-risk activities
- Mobile plant, site vehicles and environmental awareness
- What is a CSCS card and how to obtain it
- Revision questions

Who is it aimed at?

Perfect for new employees and anyone beginning a career in the construction industry.



Fact Sheet

INTRODUCTION TO ALLERGENS



Overview

This Introduction to Allergens e-learning course is approved by Allergy UK and meets the standards of the Allergy Aware Scheme. It's ideal for businesses aiming to manage allergenic hazards from purchase to sale and ensure their staff comply with relevant legislation.



Duration:
1-2 Hours



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Introduction to food allergens, allergies, intolerances and coeliac disease
- Symptoms of allergic reactions and how to respond
- The 14 major allergens
- Legislation relating to allergen control
- 'Free from' claims
- Managing allergens
- Providing allergen information to customers

Who is it aimed at?

Ideal for food handlers, hospitality staff, and anyone responsible for managing allergens and communicating allergen information to customers, ensuring compliance with food safety regulations.



Fact Sheet

INFORMATION AND DATA SECURITY



Overview

Information Security (InfoSec) involves managing data and information to ensure accuracy, efficiency, and protection against unauthorized access. It goes beyond IT and cybersecurity, encompassing all areas of an organisation that handle data—including everyone within the company. This includes various types of organisational information such as customer contracts, financial records, and employee data held by Human Resources (HR).



Duration:
1 Hour



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Information security behaviours
- Information security rules and management
- ISO and the ICO
- Policies
- The cost of poor security

Who is it aimed at?

Designed for anyone looking to understand information security, their role in protecting data, the impact of ISO 27001, and the practical policies and actions needed to safeguard information.



Fact Sheet

INTRODUCTION TO ENVIRONMENTAL AWARENESS



Overview

The Introduction to Environmental Awareness e-learning course helps learners understand the importance of protecting the environment. It covers different types of pollution, how they occur, and why prevention matters. Learners will explore the benefits of reducing environmental impact for health and the economy, as well as their legal responsibilities regarding waste management and the consequences of non-compliance.



Duration:
60 - 90 minutes



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- What the environment is and why it is important
- What pollution is
- The main types of pollution
- The costs of pollution to our health, economy and environment
- What bioaccumulation is and how it can occur
- Environmental aspects and their impacts
- The journey pollution takes
- Waste, air and water management
- Our legal responsibilities when dealing with waste and the consequences of ignoring them

Who is it aimed at?

Suitable for all employees, especially new starters, who need a basic understanding of environmental issues and responsibilities.



Fact Sheet

INTRODUCTION TO WORKING AT HEIGHT



Overview

Falls from height are a leading cause of workplace injuries and fatalities across various industries. This online training course provides a comprehensive introduction to working at height, covering key topics such as risk identification, safe planning, use of access equipment, and the implementation of safe systems of work.



Duration:
40 - 90 minutes



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- What is working at height
- Planning work at height
- The work at height hierarchy of control
- Hierarchy activity
- Safe systems for working at height
- Equipment for working at height
- Protective/preventative equipment
- Equipment selection activity
- Rooftops and fragile surfaces
- Voids and holes
- Situational awareness
- Hazard spotting exercise
- Risk assessments
- Knowing when to cease work
- Summary and assessment

Who is it aimed at?

This course is suitable for all employees, especially those in induction or onboarding phases, who need a basic understanding of working safely at height.



Fact Sheet

MANUAL HANDLING



Overview

Manual handling is a part of almost every job, and it accounts for over a third of all workplace injuries. This course provides essential guidance on safe manual handling practices and is ideal for staff inductions, refresher training, or as a foundation for those aiming to complete a recognised manual handling qualification.



Duration:
30 - 40 minutes



Assessment:
Multiple-Choice
Questions



Price:
£15.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- The definition of manual handling
- The LITE stairway to safety
- Safe lifting techniques
- Correcting lifting techniques
- Lifting with more than one person
- Examples of manual handling

Who is it aimed at?

Ideal for staff inductions, refresher training, or anyone whose role involves manual handling. It also supports apprentices as part of the on-programme element of the new apprenticeship standards, helping them develop the knowledge, skills, and behaviours needed to integrate successfully into the workplace.



Fact Sheet

CUSTOMER SERVICE LEVEL 2



Overview

Excellent customer service is vital to the success of any organisation—whether in business, the public sector, or not-for-profit settings. Providing high-quality service not only builds trust and satisfaction but also drives long-term success. This e-learning course equips learners with the knowledge and skills to understand what great customer service looks like and how to deliver it consistently and confidently. Ideal as a stand-alone training course or as part of a Level 2 Customer Service qualification, it's designed to benefit anyone in a customer-facing role.



Duration:
2 - 3 Hours



Assessment:
Multiple-Choice
Questions



Price:
£25.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Customer service principles
- Customers' needs and expectations
- Behaviour and interpersonal skills
- Responding to problems or complaints

Who is it aimed at?

This course is designed for anyone in a customer-facing role, regardless of industry or sector. It's ideal for staff, managers, and apprentices who want to strengthen their customer service skills or work towards a recognised Level 2 qualification in customer service.



Fact Sheet

FOOD SAFETY LEVEL 2



Overview

This CPD-accredited online course, developed by food safety expert Richard Sprenger, is designed for any business that handles food — from kitchens to retailers selling pre-packaged products. It provides the essential knowledge to protect customers, safeguard your business, and maintain compliance. To achieve the Level 2 Award in Food Safety qualification, learners must complete an exam with a recognised training provider after finishing the e-learning.



Duration:
4 - 6 hours



Assessment:
Multiple-Choice
Questions



Price:
£25.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Improve your food safety
- Controlling contamination hazards
- Pest Control
- Understanding microbiological hazards
- Personal Hygiene
- Safe handling and storing of food
- The risks and how to avoid food poisoning
- Cleaning and Disinfection
- Food safety management systems

Who is it aimed at?

This course is designed for anyone in a customer-facing role, regardless of industry or sector. It's ideal for staff, managers, and apprentices who want to strengthen their customer service skills or work towards a recognised Level 2 qualification in customer service.



Fact Sheet

FOOD SAFETY FOR MANUFACTURING LEVEL 2



Overview

Ensuring food safety is essential for maintaining public trust—especially in manufacturing settings where the risk of cross-contamination is high. This course covers the 10 core modules aligned with the RQF Level 2 Food Safety qualifications, equipping learners with the essential knowledge to handle food safely and prepare for a recognised qualification through an approved training provider.



Duration:
4 - 5 Hours



Assessment:
Multiple-Choice
Questions



Price:
£25.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Introduction to food safety
- Microbiological hazards
- Food poisoning and its control
- Contamination hazards and controls
- HACCP from delivery to service
- Personal hygiene
- Food premises and equipment
- Food pests and pest control
- Cleaning and disinfection
- Food safety enforcement

Who is it aimed at?

This course is ideal for employee inductions or anyone working in a food manufacturing environment. It also supports the on-programme requirements of the new apprenticeship standards, helping apprentices develop the knowledge, skills, and behaviours needed to succeed in the workplace.



Fact Sheet

HEALTH AND SAFETY LEVEL 2



Overview

Workplace injuries cost the UK economy over £15 billion annually, with businesses bearing a significant share of this burden. This course provides an ideal introduction to health and safety for those working in low to medium-risk environments. It equips learners with essential knowledge and understanding, forming a strong foundation for progressing towards a Level 2 Health and Safety qualification.



Duration:
2 - 3 Hours



Assessment:
Multiple-Choice
Questions



Price:
£25.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Accidents including slips, trips and falls
- Legal responsibilities
- Risk assessment
- Hazardous substances (COSHH)
- Workplace health, safety and welfare
- Work equipment
- Fire
- First aid
- Manual handling

Who is it aimed at?

This course is perfect for employee inductions and those seeking a Level 2 Health and Safety qualification. It can also be integrated into the new apprenticeship standards, aiding apprentices in developing essential workplace knowledge, skills, and behaviors.



Fact Sheet

PRINCIPLES OF THE ROLE OF A FIRE MARSHAL LEVEL 2



Overview

The essential way to prevent fire hazards is by recognizing the factors and behaviours within your organization and conducting a comprehensive assessment to reduce risks. This course is perfect for employee onboarding, serving as refresher training for current staff, or for those aiming to obtain a recognized Level 2 fire safety qualification.



Duration:
2 - 3 Hours



Assessment:
Multiple-Choice
Questions



Price:
£25.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Fire
- Hazards of fire
- Fire safety legislation
- Assessing risk

Who is it aimed at?

This course is intended for managers, supervisors, fire marshals, and those seeking a Level 2 fire safety qualification. It also supports the on-programme element of apprenticeship standards, equipping apprentices with the necessary knowledge, skills, and behaviors for workplace integration.



Fact Sheet

PERSONAL LICENCE HOLDERS



Overview

If you intend to sell alcohol or authorise its sale on licensed premises, you are legally required to hold a personal licence. This e-learning course provides the essential knowledge component of the Level 2 Award for Personal Licence Holders (RQF).



Duration:
4 - 5 Hours



Assessment:
Multiple-Choice
Questions



Price:
£25.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Licensing law
- Personal licences
- Premises licences
- The protection of children
- Powers and enforcement
- Temporary events
- Responsible alcohol retailing

Who is it aimed at?

This course is ideal for individuals seeking to obtain a personal licence to legally sell or authorise the sale of alcohol in England or Wales.



Fact Sheet

SCOTTISH CERTIFICATE FOR PERSONAL LICENCE HOLDERS



Overview

This online training course gives learners a solid understanding of personal licensing and covers the essential knowledge required to achieve the Scottish Certificate for Personal Licence Holders (SCPLH) qualification at SCQF Level 6.



Duration:
4 - 5 Hours



Assessment:
Multiple-Choice
Questions



Price:
£25.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Licensing law
- Personal licences
- Premises licences
- Licensed hours and extensions
- Control of order and police powers
- The protection of children and young persons
- Responsible alcohol retailing
- Associated law

Who is it aimed at?

This online training course is ideal for anyone applying for a personal licence in Scotland, as well as existing licence holders who need refresher training to keep their knowledge up to date.



Fact Sheet

FOOD SAFETY LEVEL 3



Overview

Approximately 95% of businesses that undergo inspections achieve a hygiene rating of 3 or above. Ensure you are not part of the 5% that do not meet this standard. This course is specifically designed for those in supervisory positions, offering thorough insights and knowledge on the topic. Although it does not provide a formal qualification, the training fulfills all legal requirements, guaranteeing complete compliance for food industry supervisors without the necessity of attending a three-day course.



Duration:
9 - 14 Hours



Assessment:
Multiple-Choice
Questions



Price:
£175.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Introduction to food safety
- Microbiological hazards
- Contamination hazards and controls
- Food poisoning
- Personal hygiene and training
- Premises and equipment
- Cleaning and disinfection
- Pest management
- Food safety management systems (HACCP)
- Controls and monitoring from purchase to service
- Food safety legislation and enforcement
- Optional revision questions

Who is it aimed at?

The content pertains to employees in supervisory roles, such as managers, supervisors, and chefs. It can also support the on-programme aspect of apprenticeship standards by enhancing the knowledge, skills, and behaviors necessary for apprentices to integrate effectively into the workplace.



Fact Sheet

HACCP FOR CATERERS E-SLIDES LEVEL 3



Overview

Gain the knowledge and confidence to manage HACCP effectively within your catering business with our Level 3 HACCP for Caterers online e-learning course.

Designed specifically for the catering industry, this course helps learners understand how to apply HACCP principles in a practical and straightforward way. It also serves as excellent preparation for those looking to achieve a Level 3 HACCP qualification in catering.



Duration:
Self-paced



Assessment:
Multiple-Choice
Questions



Price:
£175.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Definition and importance of HACCP and legislation/best practice
- Food safety hazards and types, prerequisite programmes
- CODEX 12 logical implementation, steps of HACCP, the HACCP team
- Users and flow diagrams
- Hazard analysis
- Critical control points, critical limits, targets, tolerances
- Monitoring procedures
- Corrective actions
- Validation of the plan and verification procedures
- Documentation and record keeping

Who is it aimed at?

This course is designed for caterers who want to gain a clear and practical understanding of how to apply HACCP within a catering environment. It is also ideal for those preparing to progress toward a Level 3 HACCP qualification in catering



Fact Sheet

HACCP FOR MANUFACTURING E-SLIDES LEVEL 3



Overview

Develop the skills to effectively manage HACCP within a manufacturing setting with our Level 3 HACCP in Manufacturing online e-learning course. Tailored specifically for food and drink manufacturers, this course provides a clear understanding of how HACCP principles can be practically applied in a manufacturing environment. It also serves as a strong foundation for those aiming to achieve a Level 3 HACCP qualification in manufacturing.



Duration:
Self-paced



Assessment:
Multiple-Choice
Questions



Price:
£175.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Definition and importance of HACCP
- Legislative requirements for HACCP; due diligence; HACCP principles
- Food safety hazards and types; prerequisite programmes
- CODEX 12 logical implementation steps of HACCP; the HACCP team
- Describing food production processes
- Flow diagrams
- Hazard analysis
- Critical control points
- Critical limits; targets; tolerances
- Monitoring procedures
- Corrective actions
- Verification; validation; review
- Documentation and record keeping

Who is it aimed at?

This course is designed for individuals working in food and drink manufacturing who want to gain a practical understanding of how to apply HACCP within a manufacturing environment. It is also ideal for those preparing to work toward a Level 3 HACCP qualification in manufacturing.



Fact Sheet

HEALTH AND SAFETY LEVEL 3



Overview

This e-learning course provides managers and supervisors with essential knowledge to identify workplace hazards, manage risks, and fulfill their health and safety responsibilities. Emphasizing that occupational health and safety is a shared legal and moral duty, the course offers practical guidance for creating safer work environments. It also includes an optional mock assessment to support exam preparation and serves as a foundation for progressing toward a recognised health and safety qualification.



Duration:
6 - 9 Hours



Assessment:
Multiple-Choice
Questions



Price:
£175.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Introduction to health and safety
- Legal aspects of health and safety
- Accidents
- Management of health and safety
- Risk assessment
- Hazardous substances
- The workplace
- Using equipment safely
- Fire safety
- Health at work
- Ergonomics, manual handling and display screen equipment

Who is it aimed at?

This course is ideal for supervisors, managers, or anyone with health and safety responsibilities in the workplace. It's also suitable for those aiming to achieve a Level 3 health and safety qualification. Additionally, it can support the on-programme learning component of the new apprenticeship standards, helping apprentices develop the knowledge, skills, and behaviours needed to thrive in their roles.



Fact Sheet

HEALTH AND SAFETY MANAGEMENT IN HEALTH CARE LEVEL 3



Overview

Workplace accidents cost UK businesses billions each year through insurance, staff replacement, and legal fees. This e-learning course provides a comprehensive introduction to health and safety legislation, common workplace hazards, and how to apply effective control measures. By the end of the course, learners will be equipped with the knowledge and skills to confidently supervise staff and take the next step toward a recognised health and safety qualification.



Duration:
6 - 9 Hours



Assessment:
Multiple-Choice
Questions



Price:
£175.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Introduction to health and safety
- Accidents, injuries and work-related health
- Legal aspects of health and safety
- Risk assessment (5x5 matrix)
- Hazardous substances (CoSHH)
- The workplace
- Using equipment safely
- Fire safety
- Ergonomics, manual handling and display screen equipment
- Measuring and monitoring performance
- The role of line managers and supervisors

Who is it aimed at?

This course is designed for supervisors or managers in healthcare with health and safety responsibilities, as well as individuals aiming to achieve a Level 3 health and safety qualification. It can also support the on-programme learning component of the new apprenticeship standards, helping apprentices build the knowledge, skills, and behaviours needed to succeed in the workplace.



Fact Sheet

ANAPHYLAXIS & AUTOINJECTORS



Overview

Anaphylaxis is a severe and potentially life-threatening allergic reaction that requires immediate response. This short course provides essential knowledge on recognising the signs of anaphylaxis, understanding the associated risks, and administering emergency treatment using an autoinjector. It is designed to help learners respond quickly and effectively in critical situations.



Duration:
30 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Reactions to allergens
- Anaphylaxis
- An employee's responsibility
- Adrenaline autoinjectors
- Common traits

Who is it aimed at?

This course is suitable for any employee or manager working in environments where knowledge of anaphylaxis and the use of autoinjectors is important. It can be taken as a standalone module or incorporated into a staff induction programme.



Fact Sheet

AWARENESS OF HOME WORKING



Overview

With the rise of home and hybrid working, it's crucial for employers and employees to ensure a safe work environment outside traditional offices. The Awareness of Home Working online training course covers key aspects such as employer and employee responsibilities, risk assessments, safe display screen equipment (DSE) usage, and managing mental health and stress. This course offers essential guidance for staying safe, healthy, and productive while working from home.



Duration:
35 - 50 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Benefits of home working
- What is home working?
- Supporting home workers
- Risk assessments
- Risks and hazards of home working
- Electrical equipment in the home
- Conditions for home working
- Display screen equipment (DSE) and the correct use of DSE
- Working from home – managing stress and mental health
- The importance of appropriate communication
- Home working policy
- Employer and employee roles and responsibilities

Who is it aimed at?

This course is suitable for employees at all levels who work from home, either full-time or as part of a hybrid arrangement, and need a general awareness of safe and effective home working practices.



Fact Sheet

AWARENESS OF LONE WORKING



Overview

Lone working refers to any situation where an individual works alone without direct supervision, whether for a short period or longer, including roles like gas engineers visiting homes, warehouse operatives retrieving stock, or employees working from home. This interactive course uses engaging content and activities to cover what lone working is, the associated risks, how to conduct risk assessments and implement control measures, and the responsibilities of both employers and employees to maintain safety.



Duration:
35 - 50 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Think about – who are lone workers
- What is lone working?
- Working from home
- Risks and hazards of lone working
- Risk assessments
- The PET assessment
- Lone worker safety
- Employee and employer responsibilities
- Lone worker policy
- Lone working checklist

Who is it aimed at?

This online training course is ideal for all employees who need to understand the principles and safety considerations of lone working.



Fact Sheet

AWARENESS OF MENOPAUSE IN THE WORKPLACE



Overview

Creating supportive workplaces begins with awareness. This micro-teach course introduces learners to the stages of menopause and how it can affect individuals at work. It provides practical insights to help recognise symptoms, understand their impact on performance, and promote open, respectful conversations. Suitable for employees, managers, and teams, this course offers a quick and accessible way to foster a healthy, inclusive, and understanding work environment for everyone.



Duration:
20 Minutes



Assessment:
Formative
assessment



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- The menopause and its symptoms
- The impact on work performance
- How to create a supportive work environment

Who is it aimed at?

Employers and employees at all levels, in any sector, who want to deepen their understanding of menopause and learn how to support and raise awareness within the workplace.



Fact Sheet

AWARENESS OF MODERN SLAVERY



Overview

Modern slavery is a global issue involving the exploitation and mistreatment of vulnerable individuals for personal gain, often with their rights ignored. This course provides essential awareness of modern slavery, covering what it is, relevant laws, the various forms it takes, how to identify victims, and the procedures for reporting suspected cases.



Duration:
30 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- What is modern slavery?
- Case studies
- Methods of modern slavery
- Statistics
- Why is modern slavery under-reported?
- What does the law say?
- Types of modern slavery
- Who are the victims of modern slavery?
- Factors that increase vulnerability
- Looking out for the signs
- Modern slavery statement
- Modern slavery policy
- Reporting modern slavery

Who is it aimed at?

This online training course is designed for all employees who need to understand and raise awareness of modern slavery in the workplace.



Fact Sheet

AWARENESS OF SEXUAL HARASSMENT IN THE WORKPLACE FOR EMPLOYEES



Overview

Fostering a culture of respect is vital in today's workplace. Sexual harassment is not only unacceptable but also against the law. Employers have both a legal and ethical responsibility to prevent and address these issues. This course equips you with the essential knowledge and practical tools to recognize, prevent, and respond to harassment, helping to create a safe and respectful environment where every employee's dignity is upheld. Join us in promoting a workplace culture of respect and safety.



Duration:
20 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Defining sexual harassment
- Identifying forms of sexual harassment
- Understanding the impact on individuals
- Understanding reporting procedures

Who is it aimed at?

This course is designed for employees at all levels to help them identify, address, and prevent sexual harassment in the workplace. It is also ideal for managers and supervisors seeking to foster a culture of dignity, respect, and inclusion within their teams.



Fact Sheet

AWARENESS OF SEXUAL HARASSMENT IN THE WORKPLACE FOR MANAGERS



Overview

Awareness of Sexual Harassment in the Workplace for Managers is a focused micro-course designed to equip managers with the knowledge and confidence to prevent, identify, and address sexual harassment effectively. It highlights key legal responsibilities and provides practical strategies for fostering a safe, respectful, and inclusive workplace.



Duration:
20 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Defining sexual harassment
- Identifying forms of sexual harassment
- Understanding the impact on individuals
- Understanding reporting procedures

Who is it aimed at?

This training is designed for senior leaders, line managers, and supervisors who play a key role in creating and maintaining a respectful workplace culture. It equips them with the knowledge and tools to recognise, prevent, and address sexual harassment while ensuring dignity and respect for all employees.



Fact Sheet

COMMUNICATION



Overview

Effective communication is essential in every workplace. This course guides learners through the communication cycle, key communication methods, and strategies to enhance interactions. Covering inclusive communication, active listening, and techniques to overcome common barriers, this short course equips individuals to communicate clearly, respectfully, and confidently across a range of workplace scenarios.



Duration:
40 - 60 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- The communication cycle and the process that takes place when we communicate
- Different types of communication and methods of communicating with others
- What makes communication effective and some of the factors that can make communication less effective
- The importance of inclusive communication
- Strategies for overcoming barriers to communication and the consequences of poor communication

Who is it aimed at?

This course is suitable for employees, managers, and apprentices across all sectors. It is ideal for induction or refresher training and benefits anyone looking to enhance their everyday communication skills in the workplace.



Fact Sheet

CHALLENGE - RESPONSIBLE SALES IN HOSPITALITY AND RETAIL



Overview

Age-restricted products are goods and services that can only be sold to individuals who meet the minimum legal age requirements. This course provides an understanding of the types of products subject to age restrictions, the legal responsibilities of those selling them, and practical guidance on complying with the law when handling age-restricted sales.



Duration:
30 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- The legal framework
- Roles, licences, and conditions
- Risks associated with age-restricted products
- Age verification
- Dealing with drunkenness
- Conflict management and personal safety

Who is it aimed at?

This online training course is ideal for all employees, especially those undergoing new starter inductions or refresher training, who need to understand the rules around age-restricted products.



Fact Sheet

DISPLAY SCREEN EQUIPMENT



Overview

Many people use display screen equipment (DSE) like computers and tablets daily, often unaware of associated health risks such as eye strain, headaches, and posture issues. This course aims to teach users how to set up their workstations ergonomically to minimize discomfort and injury. Participants will learn about DSE, its health effects, the significance of proper use, good posture, and the need for regular breaks, as well as the responsibilities of employers in supporting DSE users.



Duration:
20 - 40 Minutes



Assessment:
Multiple-Choice
Questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- What is DSE?
- DSE health risks
- Workstation design
- Correct working position for DSE
- Portable equipment
- Identifying risks and safe working practices
- Eye tests and eyewear
- Assessing DSE

Who is it aimed at?

touchscreens, and other similar devices. This course can be used as a stand-alone module or included in an induction programme. It may also be useful as part of the on-programme phase for the apprenticeship standards, helping apprentices integrate into the workforce effectively and efficiently.



Fact Sheet

EFFECTIVE WRITING IN THE WORKPLACE



Overview

This micro-teach course enhances clarity, confidence, and professionalism in workplace writing. Learners will discover how effective writing impacts message reception and explore tone, structure, and plain language. Practical techniques for improving clarity in emails, reports, and updates promote collaboration, better decision-making, and professionalism in the workplace.



Duration:
20 Minutes



Assessment:
Formative
assessment



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- The impact of effective vs. ineffective writing
- Writing tone: why it matters and how to use it
- Clarity, structure and choosing the right words
- Practical tips for effective writing
- Comparing examples of real workplace writing

Who is it aimed at?

This course is ideal for individual learners seeking to build confidence in written communication, as well as organisations aiming to enhance workplace writing skills across their teams. It's suitable for anyone responsible for writing emails, reports, or updates—regardless of role or industry.



Fact Sheet

EQUALITY & DIVERSITY



Overview

‘Equality and diversity’ is about focusing on preventing discrimination and promoting equal opportunities for all stakeholders, fostering a positive company culture and enhancing staff engagement. This short e-learning course helps organisations understand the importance of creating an inclusive culture, explains the meaning of equality and diversity, and highlights the consequences of inequality.



Duration:
20 - 40 Minutes



Assessment:
Multiple-choice
questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- What is meant by the term ‘equality and diversity’
- Consequences of inequality
- Human rights
- The Equality Act
- Inclusive and exclusive models of society
- Promoting inclusion
- Creating fairer workplaces

Who is it aimed at?

This course is suitable for employees at all levels and is ideal for inclusion in new employee induction programmes. It also supports apprentices as part of their on-programme training, helping them develop the knowledge, skills, and behaviours needed to successfully integrate into the workplace.



Fact Sheet

GENERAL DATA PROTECTION REGULATION (GDPR)



Overview

This training simplifies the complexities of GDPR, helping learners understand its key principles and how to apply them in the workplace. By building confidence in compliance, it supports organisations in reducing the risk of fines, penalties, and reputational damage.



Duration:
30 Minutes



Assessment:
Multiple-choice questions



Price:
£5.00



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- What is data?
- The GDPR and data collection
- Requesting individuals' consent
- The GDPR and data processing principles
- The GDPR and individuals' rights
- Subject access requests
- The GDPR requirements for your organisation
- Data breaches and penalties

Who is it aimed at?

This online training is ideal for anyone who handles personal or sensitive data, as well as their managers. It is particularly valuable for individuals who manage, maintain, or access databases and need a solid understanding of GDPR compliance.



Fact Sheet

INFECTION PREVENTION AND CONTROL



Overview

This course aims to educate businesses on preventing and controlling infections. Participants will learn about infection transmission, its impact on health and operations, and the responsibilities in risk reduction. The training covers best practices, control measures, and compliance with standards to create safer working environments and protect staff and customers.



Duration:
20 - 40 Minutes



Assessment:
Multiple-choice questions



Price:
£5.00



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- Combat pathogenic microorganisms
- Protect the vulnerable
- Reduce the risk of infection
- Address personal hygiene
- Use PPE effectively
- Safely handle waste

Who is it aimed at?

This course is ideal for anyone working in environments where there is a risk of infection. It is particularly relevant to roles in healthcare, social care, hospitality, education, and other settings where maintaining high standards of hygiene and safety is essential.



Fact Sheet

INTRODUCTION TO THE BRIBERY ACT 2010



Overview

The Bribery Act 2010 is the UK's key anti-bribery law, outlining bribery definitions and business responsibilities for compliance and training. Understanding the Act is crucial for protecting individuals and organizations from penalties and reputational harm. This course offers an overview of the legislation, explains bribery methods, and details compliance measures to mitigate risk. It is part of a suite of e-learning courses on economic crime, aimed at providing practical training for employees in busy workplaces.



Duration:
20 - 40 Minutes



Assessment:
Multiple-choice
questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- How bribery is defined
- Forms that briber can take
- Indicators that bribery is taking place
- Consequences of bribery
- The legal framework, including the Bribery Act 2010
- What to do if you suspect bribery is taking place

Who is it aimed at?

This course is suitable for any employee, manager, or director who needs to understand the requirements of the Bribery Act or whose role may expose them to bribery risks. It can also be taken as a stand-alone module by anyone interested in learning more about economic crime and the legal responsibilities placed on individuals and organisations to prevent it.



Fact Sheet

INTRODUCTION TO FIRE SAFETY IN THE WORKPLACE



Overview

This online introduction to fire safety explains the essential steps for reducing fire risks and protecting people from harm. It provides practical guidance to help create a safer workplace and ensure everyone understands their role in fire prevention and response.



Duration:
40 Minutes



Assessment:
Multiple-choice questions



Price:
£5.00



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- Introduction to fire safety
- The fire triangle and fire hazards
- How fire spreads and rapid fire progress
- Passive and active fire protection
- Fire extinguishers and their usage
- Actions in the event of a fire
- Employee roles and responsibilities
- Fire risk assessment and regulatory compliance
- Summary and fire safety procedures

Who is it aimed at?

This course is suitable for any employee or manager who needs an understanding of fire safety and the risks associated with fire. It can be taken as a stand-alone module or included as part of a staff induction programme.



Fact Sheet

INTRODUCTION TO FRAUD AND FRAUD PREVENTION



Overview

Fraud costs UK businesses over £190 billion annually, mainly affecting the private sector. Protecting your organization is crucial for safeguarding the business and employees. This course covers key fraud principles, helping learners identify vulnerabilities and consequences. It provides knowledge to reduce risk, enhance resilience, and implement effective anti-fraud measures. Designed for busy workplaces, it offers practical training on fraud-related issues as part of a broader e-learning suite on economic crime.



Duration:
20 - 40 Minutes



Assessment:
Multiple-choice
questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- The definition of fraud
- Different types of fraud
- Legislation relevant to fraud
- The consequences of fraud for individuals, businesses, and organisations
- The factors that explain how and why fraud occurs
- Circumstances that increase the likelihood of fraud occurring
- Fraud risk management
- Creating a zero-tolerance culture
- Anti-fraud policies
- Preventing and detecting fraud
- Fraud investigation

Who is it aimed at?

This course is suitable for any employee whose role may expose them to the risk of fraud. It can also be taken as a stand-alone module by anyone interested in learning more about economic crime and the legal responsibilities placed on individuals and organisations to prevent it.



Fact Sheet

INTRODUCTION TO THE PREVENTION OF MONEY LAUNDERING



Overview

Money laundering in the UK is estimated to exceed £90 billion annually, enabling criminals to disguise the proceeds of crimes such as drug trafficking and human exploitation. This course introduces the key concepts of money laundering, including its three stages, and provides learners with the knowledge to spot warning signs, reduce risk, and respond effectively to suspicious activity. It is designed to help organisations strengthen their defences against financial crime and protect themselves from involvement in unlawful practices.



Duration:
20 - 40 Minutes



Assessment:
Multiple-choice questions



Price:
£5.00



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- What money laundering is
- Legislative framework
- The anti-money laundering policy statement
- Controls and monitoring
- Due diligence
- Training
- Record-keeping

Who is it aimed at?

This course is suitable for any employee whose role may expose them to the risk of money laundering. As part of a wider series of short e-learning modules on economic crime, it is ideal for inclusion in induction programmes or as refresher training for employees in busy workplaces who need a practical understanding of money laundering and its implications.



Fact Sheet

INTRODUCTION TO NEURODIVERSITY AWARENESS



Overview

Building an inclusive workplace starts with awareness. This course on neurodiversity highlights the strengths and challenges experienced by neurodivergent individuals. It offers practical tools for employers and employees to recognize traits, improve communication, and promote inclusivity. Suitable for all employees, it aims to create a more understanding and supportive work environment.



Duration:
20 Minutes



Assessment:
Formative
assessment



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Understanding what neurodiversity is and identifying some of the common conditions
- Recognising common characteristics and misconceptions of neurodivergent people
- Understanding common barriers to communication and access to services
- Understanding how to promote effective communication and create an inclusive environment

Who is it aimed at?

This course is designed for employers and employees at all levels, in any sector, including managers and supervisors who want to build a better understanding of neurodiversity and learn how to support neurodivergent colleagues effectively.



Fact Sheet

MANAGING CONFLICT



Overview

Reducing the risk of threatening or abusive behaviour in the workplace starts with knowing how to respond effectively. This course is designed to equip learners with the skills and confidence to manage and defuse conflict situations, helping to create a safer and more supportive working environment.



Duration:
20 - 40 Minutes



Assessment:
Multiple-choice questions



Price:
£5.00



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- What is workplace conflict?
- Responses to conflict
- Cultural differences
- Different ego types
- Breakdowns in communication
- The behavioural cycle
- The PEACE model
- Conflict with customers
- The HEAT technique
- Patterns of behaviour
- Distance zones
- Physical conflict warning and danger zones
- Impact factors
- The BAP strategy

Who is it aimed at?

This course is suitable for employees at all levels and is particularly valuable as part of the induction process for new starters. It can also be used within the on-programme phase of apprenticeship standards, supporting apprentices in developing the knowledge, skills, and behaviours needed to integrate effectively into the workplace.



Fact Sheet

MENTAL HEALTH AWARENESS FOR MANAGERS



Overview

This course equips managers to foster a supportive and healthy workplace, emphasizing the importance of mental health. Participants will learn to recognize signs of mental distress, initiate supportive conversations, and refer employees for professional help. It also promotes personal well-being through boundary-setting and resilience-building tips. Aimed at managers, the course offers accessible strategies to enhance mental health awareness and support in the workplace.



Duration:
20 Minutes



Assessment:
Formative
assessment



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Why mental health at work matters and what managers can do to support it
- Identify practical strategies to engage in mental health conversations and support employees
- Identify ways to manage your own wellbeing while supporting others

Who is it aimed at?

This course is designed for managers, supervisors, and team leaders in any sector who want to promote positive mental health in the workplace. It is also suitable for organisations looking to enhance their approach to supporting employee wellbeing.



Fact Sheet

SAFEGUARDING CHILDREN



Overview

Safeguarding children and young people is a responsibility shared by everyone. This course outlines the roles, responsibilities, and rights involved in child protection, helping learners understand how to safeguard the health and wellbeing of those under 18. It explores the potential signs of abuse, the rights of the child, and the influence a parent or carer's wellbeing can have on a child's development. By the end of the course, learners will know the appropriate steps to take if they have concerns about a child's safety or welfare.



Duration:
20 - 40 Minutes



Assessment:
Multiple-choice questions



Price:
£5.00



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- Child abuse - signs, symptoms, and indicators
- Recognising abuse
- Radicalisation and bullying
- Impact of parent or carer's health
- Impact of domestic violence
- Children's rights
- Reporting concerns and seeking advice
- Policies, procedures, and whistleblowing
- Risks associated with the internet
- Safeguarding legislation

Who is it aimed at?

This course is intended for individuals caring for children and young people, including childminders, nursery staff, teachers, and teaching assistants. It also supports apprentices in developing essential knowledge, skills, and behaviors for effective workplace integration.



Fact Sheet

SELF-AWARENESS AND PERSONAL DEVELOPMENT



Overview

Develop greater self-awareness and take confident steps toward both personal and professional growth. This course introduces the key principles of self-understanding and personal development, exploring how reflection, goal setting, and behaviour influence progress. Learners will gain practical tools such as SWOT analysis and aspirational thinking to become more proactive, intentional, and confident in shaping their own development journey.



Duration:
20 - 40 Minutes



Assessment:
Multiple-choice questions



Price:
£5.00



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- What is self-awareness and personal development
- Reflection, aspirations and attitudes
- The influence of values, confidence and energy
- Mission and vision statements
- SWOT analysis and stages of skill development

Who is it aimed at?

This course is ideal for individuals who want to enhance their self-awareness and take greater ownership of their personal and professional development. It is also valuable for teams and organisations that wish to encourage and support personal growth in the workplace.



Fact Sheet

STARS - Scottish Training for Alcohol Retailers and Sellers



Overview

Any business in Scotland licensed to sell alcohol—whether a pub, retailer, nightclub, café, restaurant, hotel, or sports venue—is legally required to ensure staff receive approved training. This online course provides Scottish based alcohol retail and serving staff with the essential knowledge and, upon completion, the certification needed to legally sell and serve alcohol.



Duration:
2 hours



Assessment:
Multiple-choice
questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Scottish licensing law
- Licence types and the responsibilities of licence holders
- Licensing standards officers
- Constraints and requirements of premises licenses
- Protection of children and young persons
- Responsible practices in the retail of alcohol

Who is it aimed at?

This course is for anyone in Scotland who sells or serves alcohol and needs to meet the legal certification requirements.



Fact Sheet

STRESS MANAGEMENT



Overview

Do you know the difference between positive and negative stress? This course explores what stress is, the common causes and workplace stressors, and how it can affect both individuals and organisations. Learners will gain practical insight into recognising the signs of stress and discover a range of strategies and techniques to manage it effectively



Duration:
20 - 40 minutes



Assessment:
Multiple-choice questions



Price:
£5.00



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- Defining stress
- The causes of stress at work
- Workplace stress and the effects of stress on job performance
- Strategies for managing stress
- Stress reduction
- Stress and the law
- Management of Health and Safety at Work Regulations
- Health and Safety Executive's (HSE) management standards
- Risk assessment for work-related stress

Who is it aimed at?

This online training course is suitable for employees at all levels and is a valuable addition to any workplace health and wellbeing programme. It can be completed as a stand-alone module to support personal development or included as part of an induction programme to help new staff build awareness of stress management and resilience from the outset.



Fact Sheet

TEAM WORKING



Overview

Working towards shared objectives is essential for building a positive workplace culture and achieving business goals. Teams may vary in size and structure, but their success depends on uniting around common aims and collaborating effectively. This course highlights the importance of teamwork, relationship building, and clear communication as key drivers of business success.



Duration:
20 – 40 minutes



Assessment:
Multiple-choice
questions



Price:
£5.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- What is teamwork?
- Working effectively with colleagues
- Establishing good working relationships
- Group composition and teamwork
- Group personalities – leaders, followers, and behavioural types
- Communication characteristics
- Active listening
- Motivation
- Self-analysis
- Feedback
- Handling criticism positively

Who is it aimed at?

This short course is suitable for all employees and can be delivered as a stand-alone module or as part of an induction programme. It is also valuable within the on-programme phase of apprenticeship standards, helping apprentices develop the knowledge, skills, and behaviours needed to integrate successfully into the workplace.



Fact Sheet

FIRST AID AT WORK



Overview

By law, employers must provide the right equipment, facilities, and trained personnel to ensure employees receive immediate care if they are injured or become unwell at work. This First Aid at Work e-learning course allows learners to complete online training in essential first aid and progress towards achieving the Level 3 Award in First Aid at Work (RQF) or the SCQF Level 6 equivalent.



Duration:
4 – 5 hours



Assessment:
Multiple-choice
questions



Price:
£10.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Understanding the role and responsibilities of a first-aider
- Assessing an incident
- Managing an unresponsive casualty
- Recognising and assisting a choking casualty
- Managing a casualty – external bleeding and shock
- Managing a casualty – minor injury
- Conducting a secondary survey
- Administering first aid to a casualty with injuries (bones, head and spinal injuries, suspected chest injuries, burns or eye injuries, sudden poisoning or anaphylaxis, or a suspected major illness)

Who is it aimed at?

This course is suitable for any employee or manager who wants to qualify as a workplace first-aider.



Fact Sheet

EMERGENCY FIRST AID AT WORK LEVEL 2



Overview

Each year, more than 600,000 people in the UK experience a non-fatal workplace accident. This Emergency First Aid e-learning course provides learners with flexible online training while also offering a pathway to achieve the Level 3 Award in Emergency First Aid at Work (RQF) through a registered training provider.



Duration:
3 -4 hours



Assessment:
Multiple-choice questions



Price:
£7.50



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- Understanding the role and responsibilities of a first-aider
- Assessing an incident
- Managing an unresponsive casualty
- Recognising and assisting a choke casualty
- Managing a casualty – external bleeding and shock
- Managing a casualty – minor injury

Who is it aimed at?

This course is designed for any employee or manager who wants to qualify as an emergency first-aider in the workplace.



Fact Sheet

PAEDIATRIC FIRST AID



Overview

Anyone acting as a first-aider for children must hold a suitable first aid qualification that reflects the ages of the children in their care. This Paediatric First Aid e-learning course provides learners with essential online training in paediatric first aid and contributes towards the requirements for achieving the Level 3 Award in Paediatric First Aid (RQF).



Duration:
6 - 8 hours



Assessment:
Multiple-choice
questions



Price:
£7.50



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Roles and responsibilities of a paediatric first-aider
- Assessing an emergency situation
- Providing first aid to an infant or child who is unresponsive, choking or has external bleeding
- Providing first aid to an infant or a child with a suspected bone fracture or dislocation; head, neck or back injury
- An infant or a child with a condition that affects the ears, eyes and nose; burns or scalds; an acute medical condition or sudden illness; a minor injury; shock
- An infant or a child experiencing the effects of extreme heat or cold
- An infant or child who has sustained an electric shock or been poisoned
- Providing first aid to an infant or child with anaphylaxis

Who is it aimed at?

This course is designed for anyone responsible for the care of infants and children, including carers, childminders, and school staff.



Fact Sheet

SPECTATOR SAFETY



Overview

Stewards play a crucial role in ensuring spectator safety at events like football matches and concerts. This online course covers crowd control, incident response, and safe practices, providing a foundation for those interested in event safety. Note that this training does not confer a qualification; **further training with an approved provider is needed for the Level 2 Certificate in Spectator Safety (RQF).**



Duration:
7 - 9 hours



Assessment:
Multiple-choice
questions



Price:
£ 115.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Prepare for spectator events
- Assist with the movement of spectators and deal with crowd issues at spectator events
- Help to manage and resolve conflict
- Deal with incidents at spectator events
- Support the work of your team and organisation

Fact Sheet

UNDERSTANDING STEWARDING AT SPECTATOR EVENTS



Overview

Stewards are vital to keeping spectators safe at events such as football matches, concerts, festivals, and races. This interactive online course introduces the essentials of spectator safety, including crowd management, incident response, and safe working practices. Please note: this course does not provide a qualification. **To achieve the Level 2 Award in Understanding Stewarding at Spectator Events (RQF), learners must complete further training and assessment with an approved provider.**



Duration:
7 - 9 hours



Assessment:
Multiple-choice questions



Price:
£115.00



Certificate:
Yes – Highfield Completion Certificate

Areas covered

- Prepare for spectator events
- Assist with the movement of spectators and deal with crowd issues at spectator events
- Help to manage and resolve conflict
- Deal with incidents at spectator events
- Support the work of your team and organisation

Fact Sheet

AN AWARENESS OF WAREHOUSING AND STORAGE



Overview

This flexible, multi-device course is designed for individuals working in, or aspiring to work in, the logistics industry, with a focus on warehousing environments.



Duration:
2-3 hours



Assessment:
Multiple-choice
questions



Price:
£80.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- Health, safety and security at work
- Develop effective working relationships with colleagues in logistics operations
- Keep work areas clean in logistics operations

Who is it aimed at?

This course is ideal for learners working towards the Level 2 Certificate in Warehousing and Storage (RQF), as well as staff already employed in warehouse or storage facilities who want to expand their knowledge.



Fact Sheet

CARE CERTIFICATE



Overview

The Care Certificate is an essential starting point for anyone beginning a career in health or social care. This course is designed to support employees and learners as they complete the Care Certificate as part of their staff induction. It is also mapped to Qualification and Credit Framework (QCF) units for health and social care, allowing learners to use their completed standards as recognised prior learning towards further qualifications.



Duration:
30 – 60 minutes
per standard



Assessment:
Multiple-choice
questions



Price:
£35.00



Certificate:
Yes – Highfield
Completion Certificate

Areas covered

- All 15 standards of the Care Certificate. Learners can complete the standards that are specific to their role.

Who is it aimed at?

This course is designed for anyone beginning a career in the health or social care sector.

